

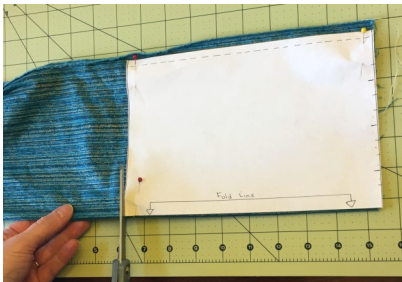
How to Make a Facemask with Ties

SUPPLIES

- ♦ 100% cotton fabric, prewashed - 16" x 9" piece and (4) 20" X 2" strips
- ♦ Lightweight fusable interfacing
- ♦ Scissors
- ♦ Thread
- ♦ Pins



1



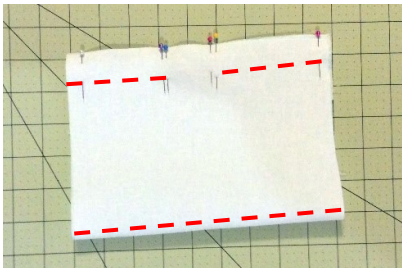
Place pattern on the fold of the fabric. Cut one. Place pattern on the fold of the interfacing. Cut one. Cut 4 pieces of fabric 20" X 2".

2



Adhere the interfacing to the wrong side of the fabric. Follow the interfacing instructions.

3



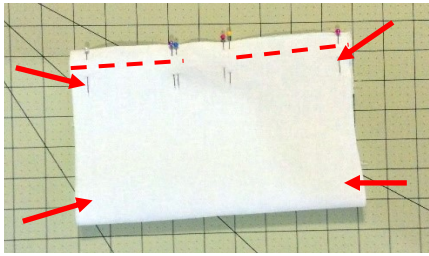
Fold the fabric with right sides together – the long way. Pin across the top leaving an opening to turn the mask later (the space in between the blue and red center pins). Sew a $\frac{1}{4}$ " seam (red dash lines) across the top leaving an opening in the middle. Sew a $\frac{1}{4}$ " seam (red dash line) across the bottom.

4



To make the ties — Take the 20" X 2" strips and fold the long edge toward the center (should be $\frac{1}{2}$ "), press. Repeat on the other edge. The fabric should meet in the middle. Press flat. Fold the strip in half again and press the entire length. Stitch along the open edge of the strip. Take one end and fold it over $\frac{1}{8}$ " and then another $\frac{1}{8}$ " and tack down with thread. This creates a finished edge at the end of the ties.

5



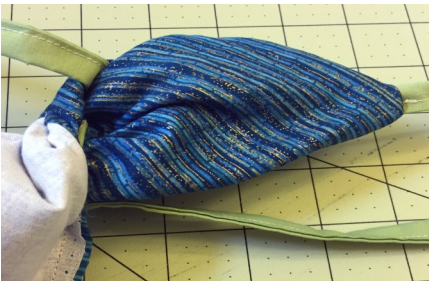
Attach the ties – There will be 2 ties on each side of the mask.

6



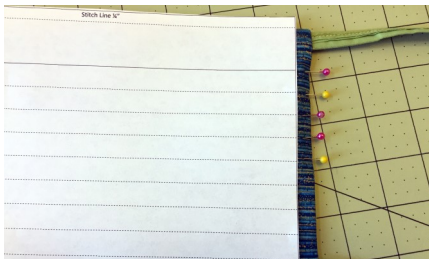
Start on the bottom of the mask (near the fold), place the raw edge of the tie next to the raw edge of the fabric. The rest of the tie will be inside of the mask. Pin in place. Repeat on all four corners.

7



Sew a $\frac{1}{4}$ " seam down each side to secure the ties in place. Back stitch over the ties to add strength so that the ties don't slip out. Using the opening at the top of the mask turn the mask right side out. Press the mask flat.

8



To create 3 pleats, place the pattern on top of the pressed mask. Use pins (or a fabric marker) to mark the center, bottom and top of each pleat. You will have 9 points pinned or marked.

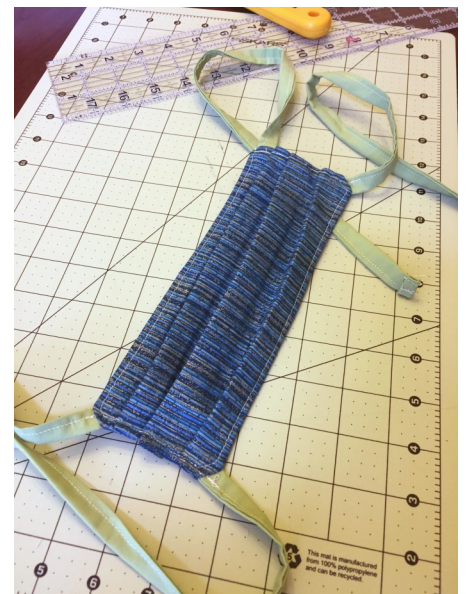
9




Fold the bottom line up to the top line; the crease should automatically fall at the center line. Pin in place. Repeat on the other side. Follow the same process for the 2nd and 3rd pleats. Top stitch a $\frac{1}{4}$ " around the outside of the entire mask.

The CDC guidelines on homemade masks state the following:

“(Health Care Professionals) HCP use of homemade masks: In settings where facemasks are not available, HCP might use homemade masks (e.g., bandana, scarf) for care of patients with COVID-19 as a last resort. However, homemade masks are not considered PPE, since their capability to protect HCP is unknown. Caution should be exercised when considering this option. Homemade masks should ideally be used in combination with a face shield that covers the entire front (that extends to the chin or below) and sides of the face.”



Face Mask – Adult Size

Stitch Line ¼"	
	Top Point
	Center Point
	Bottom Point
	Top Point
	Center Point
	Bottom Point
	Top Point
	Center Point
	Bottom Point
	Place on Fold
