

Disaster Supplies Kit

Why is a disaster supplies kit important? If you are forced to evacuate from your home or shelter-in-place, you will not have time to gather the necessary supplies. Assembling a disaster supplies kit will help your family stay safe and be more comfortable after a disaster.

What should your disaster supply kit contain? It should contain enough supplies to enable you and your family to take care of yourselves without outside help for at **least three days**.

Supplies List

Water – Three-day supply of bottled water.
Pack 1 gallon for each person per day.

Water Purification Tablets – May be purchased at any store that carries camping supplies (Wal-Mart/Target, for example).

Food – Three day supply. Choose foods your family will eat and that do not require refrigeration. Examples include protein and fruit bars, dried fruit, nuts, peanut butter, crackers, canned juices, and canned food.

First Aid Kit – Include two pairs of sterile gloves, gauze, soap, antibiotic wipes and ointment, burn ointment, adhesive bandages, aspirin, thermometer, and sunscreen SPF 30.

Cash – You may not be able to access a bank or ATM machine for days.

Extra Clothing – Gather one complete change of clothes, a pair of sturdy shoes, and one blanket per person.

Prescription Medications – Include medications such as heart and high blood pressure, insulin, and other drugs prescribed by your doctor.

Special Needs Items – Baby formula, diapers, bottles, powered milk, baby wipes, rash ointment, foods for special dietary needs (diabetics), supplies for dentures and contact lenses.

Battery Powered Radio

Flashlights

Extra Batteries

Basic Tool Kit

Whistle

Garbage Bags

Toilet Paper

Hand-held, Manual Can Opener

Disposable Eating Utensils

State Map

Note: Store items in a waterproof container or a rubber trash can with a lid.